



CHAMPIONSHIP HANDBOOK

Dean A. Hayes Track & Soccer Stadium
Middle Tennessee State University
May 13-16, 2021
Murfreesboro, TN

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CHAMPIONSHIP ADMINISTRATION

MTSU Athletics Telephone(615) 898-2450
Conference USA Office Telephone / Fax(214) 774-1300 / (214) 496-0046

1. Conference Liaison

Name: Scott Hays, C-USA
Office: (214) 774-1365
Cell: (713) 899-5126
E-mail: shays@c-usa.org

2. Championship/Sport Administrator

Name: Larry Maples, Associate AD
Office: (615) 898-2882
Cell: (901) 603-2447
E-mail: larry.maples@mtsu.edu

3. Hotel Contact

Name: Diane Turnham, Senior Associate AD/SWA
Office: (615) 898-2938
E-mail: diane.turnham@mtsu.edu

4. Ticket Coordinator

Name: Robert Krause
Office: (615) 898-5744
E-mail: robert.krause@mtsu.edu

5. Marketing Coordinator

Name: Chelsea Floyd, Assistant AD
Office: (615) 494-8951
E-mail: chelsea.floyd@mtsu.edu

6. Athletic Training

Name: Drew Shea, Assistant AD
Office: (615) 904-8304
E-mail: drew.shea@mtsu.edu

7. C-USA Media Coordinator

Name: Chris Pika, C-USA
Office: (214) 774-1360
Cell: (678) 908-4853
E-mail: cpika@c-usa.org

8. C-USA Multimedia

Name: Sarah Rudolph, C-USA
Office: (214) 774-1347
Cell: (901) 283-2127
E-mail: srudolph@c-usa.org

9. Merchandising Coordinator

Name: Wesley Nakwaasah, C-USA
Office: (214) 774-1375
Cell: (270) 776-3320
E-mail: wnakwaasah@c-usa.org

MTSU ADMINISTRATION PHONE NUMBERS

Area Code (615)		
Title	Name	Work Number
Director of Athletics	Chris Massaro	898-2452
Championship Director	Larry Maples	898-2882
Assistant Championship Director	Daryl Simpson	898-5491
Associate Athletic Director/SWA	Diane Turnham	898-2938
Associate Athletic Director/Operations	Larry Maples	898-2882
Associate Athletic Director/Business	Zackie Sanderson	898-2207
Head Track & Field Coach	Dean Hayes	898-2571
Associate Head Track & Field Coach	Keith Vroman	898-5685
Assistant Track & Field Coach	Ray Bonner	898-5879
Athletic Trainer (Track & Field)	Jorden Gaccione	
Coordinator of Ticket Operations	Robert Krause	898-5744
Director, Student-Athlete Enhancement Center	Todd Wyant	898-5610

CONFERENCE USA STAFF

Name	Title
Judy MacLeod	Commissioner
Brian Mackin	Deputy Commissioner
Keisha Dunlap	Sr. Associate Commissioner/Chief Operating Officer
Robert Philippi	Senior Associate Commissioner
Kelly Carney	Senior Associate Commissioner
Shonna Brown	Associate Commissioner for Business Affairs/CFO
Drew Mitchell	Associate Commissioner/CRO
Tre Stallings	Associate Commissioner
Clifton Douglass	Assistant Commissioner for Sports Services
Kelly Gatwood	Assistant Commissioner for Sports Services
Jordan Foreman	Director of Multimedia
Cre Rasberry	Director of Events
Melissa Marchini	Director of Compliance and Student Services
Wesley Nakwaasah	Director of Marketing and Sponsorships
Scott Hays	Associate Director of Sports Services
Sarah Rudolph	Assistant Director of Multimedia
Cassie Logan	Assistant Director of Communications
Nick Blachly	Multimedia Coordinator
Marianne Kemme	Executive Administrative Assistant
Erika Amstadt Hirschfield	Multimedia/Branding/Creative Services Consultant

Charlotte

FIU

Florida Atlantic

Louisiana Tech

Marshall

Middle Tennessee State

North Texas

Rice

Southern Mississippi

UAB

UTEP

UTSA

WKU

Athletic DirectorTodd Stewart
SWAGina Knutson
Head CoachBrent Chumbley
SIDDana Brown



2021 CONFERENCE USA OUTDOOR TRACK & FIELD CHAMPIONSHIPS

Schedule of Events

Hosted By: Middle Tennessee
Dean A. Hayes Track & Soccer Stadium
May 13-16, 2021

Thursday, May 13

2:45 PM	Heptathlon	Day 1
3:15 PM	Decathlon	Day 1

Friday, May 14

2:00 PM	Hammer-Women	Final
2:45 PM	Decathlon	Day 2
4:30 PM	Hammer-Men	Final
4:30 PM	Heptathlon	Day 2
7:15 PM	800 Meters-Heptathlon	Day 2
8:00 PM	10,000 Meters-Women	Final
8:45 PM	1500 Meters-Decathlon	Day 2
9:00 PM	10,000 Meters-Men	Final

Saturday, May 15

Field Events

1:00 PM	Discus-Women	Final
1:00 PM	Long Jump-Men	Final
1:30 PM	Long Jump-Women	Final
3:30 PM	Pole Vault-Women	Final
3:30 PM	Discus-Men	Final
4:30 PM	High Jump-Men	Final

Running Events

3:30 PM	1500 Meters-Women	Prelims
3:45 PM	1500 Meters-Men	Prelims
4:00 PM	100 Hurdles-Women	Prelims
4:15 PM	110 Hurdles-Men	Prelims
4:30 PM	400 Meters-Women	Prelims
4:45 PM	400 Meters-Men	Prelims
5:05 PM	100 Meters-Women	Prelims
5:15 PM	100 Meters-Men	Prelims
5:30 PM	800 Meters-Women	Prelims
5:40 PM	800 Meters-Men	Prelims
6:00 PM	400 Hurdles-Women	Prelims
6:10 PM	400 Hurdles-Men	Prelims
6:25 PM	200 Meters-Women	Prelims
6:40 PM	200 Meters-Men	Prelims
7:00 PM	3000 Steeple-Women	Final
7:15 PM	3000 Steeple-Men	Final

Sunday, May 16

Field Events

1:00 PM	Shot Put-Women	Final
1:00 PM	Triple Jump-Men	Final
1:00 PM	Javelin-Men	Final
1:30 PM	Pole Vault-Men	Final
2:30 PM	Javelin-Women	Final
3:30 PM	Triple Jump-Women	Final
3:30 PM	Shot Put-Men	Final
4:30 PM	High Jump-Women	Final

Running Events

4:00 PM	4x100 Relay-Men	Final
4:05 PM	4x100 Relay-Women	Final
4:15 PM	1500 Meters-Men	Final
4:25 PM	1500 Meters-Women	Final
4:35 PM	110 Hurdles-Men	Final
4:40 PM	100 Hurdles-Women	Final
4:50 PM	400 Meters-Men	Final
4:55 PM	400 Meters-Women	Final
5:05 PM	100 Meters-Men	Final
5:10 PM	100 Meters-Women	Final
5:20 PM	800 Meters-Men	Final
5:25 PM	800 Meters-Women	Final
5:35 PM	400 Hurdles-Men	Final
5:40 PM	400 Hurdles-Women	Final
5:50 PM	200 Meters-Men	Final
5:55 PM	200 Meters-Women	Final
6:05 PM	5,000 Meters-Men	Final
6:25 PM	5,000 Meters-Women	Final
6:50 PM	4x400 Relay-Men	Final
7:00 PM	4x400 Relay-Women	Final



Practice & Implement Schedule

Monday, May 10

11:00 a.m.

Mandatory Head Coaches Meeting (Zoom)

Wednesday, May 12

1:00 p.m. - 7:00 p.m.

Track is available for practice

Thursday, May 13

9:00 a.m. – 7:00 p.m.

12:30 p.m. – 7:00 p.m.

2:45 p.m.

Track is available for practice (Must practice around Combined Events)

Implement Check-In

Competition Begins

Friday, May 14

Noon – 7:00 p.m.

2:30 p.m. – 7:30 p.m.

2:00 p.m.

Implement Check-In

Track is available for practice (Must practice around Combined Events)

Competition Begins

Saturday, May 15

10:00 a.m. – 12:30 p.m.

11:00 a.m. – 6 p.m.

1:00 p.m.

Track is available for practice

Implement Check-In

Competition Begins

Sunday, May 16

10:00 a.m. – 12:30 p.m.

11:00 a.m. – 5:00 p.m.

1:00 p.m.

Track is available for practice

Implement Check-In

Competition Begins

**The awards presentation will take place immediately following the last event.



CHAMPIONSHIP POLICIES

CHAMPIONSHIP POLICIES

****All NCAA Outdoor Track & Field procedures are in effect during the Championship.***

ACADEMICS. If academic support is required, contact Todd Wyant, Director, Student-Athlete Enhancement Center, (615) 898-5610, todd.wyant@mtsu.edu.

AWARDS. The Conference office will provide the following awards and present them during the meet and at the awards ceremony following the meet.

1. **Team Trophies.** The first place teams, men and women, will receive trophies at the championship site. Second place teams, men and women, will have trophies sent directly to their respective institutions.
2. **High Point Scorer of the Meet.** The High Point Scorer of the Meet award will go to the male and female with the highest point total at the Conference Championship.
3. **Track Performer of the Meet.** A Track Performer of the Meet award will go to a male and female selected by the coaches following the meet.
4. **Field Performer of the Meet.** A Field Performer of the Meet award will go to a male and female selected by the coaches following the meet.
5. **Freshman of the Year.** One (1) Freshman of the Year award for men and women shall be awarded to the highest scoring freshman.
6. **Coach of the Year.** The Outdoor Track & Field Coach of the Year award for men and women will be voted upon by the coaches following the meet.
7. **Individual Awards.** For the champion team members for men and women.
8. **Event Medals.** For first, second, and third place finishers for men and women.

CHAMPIONSHIP OFFICIALS.

Conference Liaison:	Scott Hays
Championship Administrators:	Larry Maples
Meet Referee:	Mike Ham

CHECK-IN. Athletes are required to check-in minimum 30 minutes before their event starts at the Clerk of the Course located in the clerks tent at the north end of the stadium **for all events**. Participants are allowed to check-in for multiple events at one time. Participant numbers and spikes must be shown at check-in. For all events except the High Jump and Javelin, the maximum allowable spike length shall be 7 millimeters (quarter inch). For the High Jump and Javelin, the maximum allowable spike length shall be 9 millimeters (3/8 inch). Spikes must be pyramid. See Rule 4.3-5 regarding measuring of spike.

COACHES MEETING. A brief meeting of the head coaches will be held on **Monday, May 10, 2021 at 11:00 a.m. CST**, to discuss pertinent championship information. The meeting will be held via Zoom.

ELIGIBILITY. An institution must sponsor the sport, meeting NCAA criteria, in order to participate in the Championship.

ENTRY PROCEDURES. Conference USA will utilize Direct Athletics for the 2021 C-USA Outdoor Track & Field Championships. The event will be set-up and opened on Direct Athletics website (<http://www.directathletics.com/>) by 5 p.m. CT on Thursday, May 6. You will have until 12:01 p.m. CT on Tuesday, May 11 to upload your championship rosters to the Direct Athletics website.

EVENT NAME: 2021 Conference USA Outdoor Track & Field Championship
ONLINE ENTRY OPENS: 5 p.m. CT, Thursday, May 6, 2021
ONLINE ENTRY CLOSES: 12:01 p.m. CT, Tuesday, May 11, 2021
ROSTER FORMAT: Last Name, First Name and Classification

Roster entries must be submitted in the above format, including *CLASSIFICATION* in order to award the Freshman of the Year Awards.

1. The timing company will produce an entry list in rank order.
2. By 12:00 noon CT on Wednesday, May 12, 2021, final heats and flights will be emailed to coaches and be made available via the Conference office and the timing company's websites. In addition, copies of heats and flights will be available at the Head Coach's meeting.
3. Please note: Timing of the entries – if a team competes on the weekend before the championships, they should not place their entries until the results of the meet have been posted on TFRRS. Direct Athletics will use the marks in their database at the time the entries are placed – it does not automatically update them if there is a subsequent improvement. If they do enter before the meet and have an improvement, they will need to remove the entry and re-enter it to get the new mark.

Please note: The NCAA Failure to Participate rule will be in effect.

HOSPITALITY AREAS.

Student-Athlete Hospitality. This will be a tented area on the football practice field, located near the team tent area. The host institution will provide coolers of water and Powerade, along with fruit and snacks for participants.

Sport Admins, Media, VIP. This area will be adjacent to the officials/coaches area on the North side of the track.

Officials/Coaches. This area will be located in the north end of the track complex behind the sports medicine treatment area and check-in area.

Schedule of meal times: Please see page 13 of the Handbook.

IMPLEMENTS. All approved implements for throws can be used by other competitors only with the competitor's permission at the Championship. Implement check-in will be located **Southwest Track Stadium near shed**. Implements can be claimed at this same location, not from the competition venue.

IN-FIELD. Coaches will **NOT** be allowed on the in-field of the track during the C-USA Outdoor Championship except during multi-event competition. A coach's box for field events will be provided.

JURY OF APPEALS. The Jury of Appeals for the C-USA Outdoor Track & Field Championship will include three officials working the meet and will be chosen by the Conference Liaison, Referee, and Championship Administrator. It is the responsibility of this committee to make a final ruling on all appeals. The Referee's decision is final unless appealed to this committee.

LAUNDRY. MTSU Athletics will allow laundry services at the rate \$40 per team, per day. Please contact Larry Maples, (615) 898-2882 to set up a drop off and pick up time.

MEDIA SERVICES. Conference USA provides a Conference Championship release and other pertinent materials prior to the Championship. These items will be available in the media area. The media area will be located in the timer's tent.

MEDICAL. Communal training tables WILL NOT be available during the championship. Additionally communal training supplies will be limited due to COVID-19 policies and procedures for the championship. A certified trainer will be present at all times during the competition and a medical doctor will be on call during those times as well. EMS will also be onsite for spectators. An ambulance will be onsite during Pole Vault.

The following staff member will be available to assist with your training needs: Assistant AD/Sports Medicine, Drew Shea, (615) 904-8304, drew.shea@mtsu.edu

MEET RESULTS. Results will be posted in a designated area near the track. Complete results for the day will be available following the meet. Lane assignments, flight order and advancement to finals will also be posted. Also, result sheets from previous days will be available; the results of the current day will be updated once or twice per day.

MERCHANDISE. All championship merchandise will be available ONLINE ONLY. Please visit <https://www.event1teamstore.com> and click on the C-USA logo to order all championship merchandise.

ORDER OF EVENTS. The order of contesting men's and women's events shall reverse each year. This year the women's events will be contested first, followed by the men.

QUALIFYING PROCEDURES. Qualifying procedures shall follow the rules prescribed by the NCAA rules manual unless otherwise noted in the Conference USA regulations.

1. For running events (e.g. short sprints), the number of finalists will be equal to the number of straight lanes available at the host track.
2. Lanes 1 and 2 will be eliminated in the preliminary rounds of the 200m, 400m and 400m hurdles. Finals shall be one heat of eight.
3. Coaches are required to enter relay teams at the designated declaration time, but need not supply the relay-personnel cards to the meet officials until 15 minutes prior to the start of the relay races.
4. The field events shall be seeded with the best distances in the last flight. They shall be randomly placed within the flights. The number of finalists will be nine (9).
5. Rules for all field events shall be consistent with the rules of the NCAA.
6. The NCAA Failure to Participate rule will be in effect. There is an exception to this rule, for student-athletes who participate in commencement ceremonies and receive prior approval from the Conference office.
7. Competitors entered in an event in which they have no mark during the current season shall be seeded last. The declaration official shall randomly place them at the bottom of the seeding list for the drawing of heats and flights.

PARKING. Team Buses and Vans will park Greenland Parking Lot. For spectators, free parking will be available in Greenland Parking Lot. Parking map is located on page 22.

RESTAURANTS. A listing of restaurants in the vicinity of the hotel and facility are located on pages 14.

SCHEDULE OF EVENTS. (All Times Listed Are Central Standard Time) Please see page 6-7.

The awards presentation will take place immediately following the last event.

SCORING. The top eight (8) places will score in the Outdoor Championship. 10-8-6-5-4-3-2-1.

SHIPPING INFORMATION. Schools shipping poles should be sent to the following address:

**Larry Maples
Middle Tennessee Athletics
1500 Greenland Drive
Murfreesboro, TN 37132**

SQUAD SIZE. There is a limit of thirty-two (28) athletes per travel squad. No member institution's track and field team or individuals of that team may compete in any other track and field competition, during the dates of the Conference Championships.

TEAM TENTS. Teams interested in renting tents please contact **David Sells, from Tennessee Event Specialist.** at **(615-439-1630).** Teams are responsible for all costs associated with tent rentals. ***Tent orders are due by Friday, May 7.*** For tent placement please contact **Larry Maples, (615) 898-2882.**

TICKETS. Based on Conference policy, only the official traveling party will be allowed complimentary admission into the Championship. There will be no complimentary admission for student-athletes' guests. However, each institution will have the opportunity to purchase tickets for student-athletes' guests to receive complimentary admission via a pass list in accordance with NCAA bylaws. Institutions that choose to purchase complimentary admission for student-athletes' guest will be invoiced for the number of tickets used at the conclusion of the Championship. The host institution will have staff available to administer complimentary ticketing. If the institution wishes to purchase tickets for student-athletes' guests complimentary tickets, please contact Coordinator of Ticket Operations, Robert Krause, (615) 898-5744. Also, please send along the appropriate NCAA complimentary ticket list for the host institution's staff to administer on your behalf.

Admission Fees are:

All-Session*	Single Day Pass
\$25.00 Adult	\$10.00 Adult
\$10.00 Youth	\$5.00 Youth (ages 2 -17)
	FREE C-USA Students with school ID

*****Admission is free for students with ID cards who attend a C-USA member institution.***

TIMING DEVICES. Two fully automatic timing devices shall serve as the official timing instrument.

1. Official pictures under protest shall be viewed only by the referee. The jury of appeals and the coach involved in the protest may view the pictures with the referee's consent.
2. Splits will be read loud and clear by the designated official on the track.

UNIFORMS. Athletes must compete in their respective team's uniforms as described by the NCAA Guide. **Coaches are reminded that all student-athlete uniforms must conform to NCAA rules regarding commercial logos (Bylaw 12.5.4).** This bylaw is applicable to all apparel worn by student-athletes during the conduct of the institution's competition, which includes any pre or post event activities (e.g., post event celebrations at the meet site, pre or post event press conferences) involving student-athletes. This will be strictly enforced.

WARM-UP AREA. The track will be available for warm-ups throughout the championship, as well as, grass fields available.

**ANY QUESTIONS REGARDING THE CHAMPIONSHIP SHOULD BE DIRECTED TO
SCOTT HAYS AT THE CONFERENCE OFFICE (214) 774-1365 OR LARRY MAPLES, CHAMPIONSHIP
ADMINISTRATOR AT MTSU, (615) 898-2882.**



Hospitality Schedule



2021 OUTDOOR TRACK CHAMPIONSHIP MEALS

DAY	DATE	TIME	MEAL	LOCATION	DESCRIPTION	COMMENT
THURSDAY	5/13/2021	8:00 AM	BREAKFAST	HALL OF FAME		NA
THURSDAY	5/13/2021	11:00PM	LUNCH	HALL OF FAME	PREMIUM SANDWICH BOXED LUNCHES	
THURSDAY	5/13/2021	3:00 PM	DINNER	HALL OF FAME	PREMIUM SANDWICH BOXED LUNCHES	
FRIDAY	5/14/2021	8:00 AM	BREAKFAST	HALL OF FAME	ASSORTED HOT BREAKFAST BOXES	COMPETITION STARTS AT 2:00 PM
FRIDAY	5/14/2021	11:00PM	LUNCH	HALL OF FAME	PREMIUM SANDWICH BOXED LUNCHES	
FRIDAY	5/14/2021	3:00 PM	DINNER	HALL OF FAME	PREMIUM SANDWICH BOXED LUNCHES	
SATURDAY	5/15/2021	8:00 AM	BREAKFAST	HALL OF FAME	ASSORTED HOT BREAKFAST BOXES	COMPETITION STARTS AT 1:00 PM
SATURDAY	5/15/2021	11:00PM	LUNCH	HALL OF FAME	PREMIUM SANDWICH BOXED LUNCHES	
SATURDAY	5/15/2021	3:00 PM	DINNER	HALL OF FAME	PREMIUM SANDWICH BOXED LUNCHES	
SUNDAY	5/16/2021	8:00 AM	BREAKFAST	HALL OF FAME	ASSORTED HOT BREAKFAST BOXES	COMPETITION STARTS AT 1:00 PM
SUNDAY	5/16/2021	11:00PM	LUNCH	HALL OF FAME	PREMIUM SANDWICH BOXED LUNCHES	
SUNDAY	5/16/2021	3:00 PM	DINNER	HALL OF FAME	PREMIUM SANDWICH BOXED LUNCHES	

RESTAURANTS

Chick-Fil-A
2005 Old Fort Parkway
Murfreesboro, TN
615-217-1351

Jason's Deli
452 North Thompson Lane
Murfreesboro, TN
615-217-3617

Moe's Southwest Grill
452 N. Thompson Lane
Murfreesboro, TN
615-904-6637

Newk's Eatery
2615 Medical Center Parkway
Murfreesboro, TN
615-494-1979

Outback Steakhouse
1968 Old Fort Parkway
Murfreesboro, TN
615-849-9200

Sam's All-American Sports Grill
1720 Old Fort Parkway
Murfreesboro, TN
615-904-6464

Toot's
860 NW Broad St.
Murfreesboro, TN
615-898-1301

The Boulevard
2955 S. Rutherford Blvd.
Murfreesboro, TN

Demos Restaurant
1115 Northwest Broad Street
Murfreesboro, TN
615-895-3701

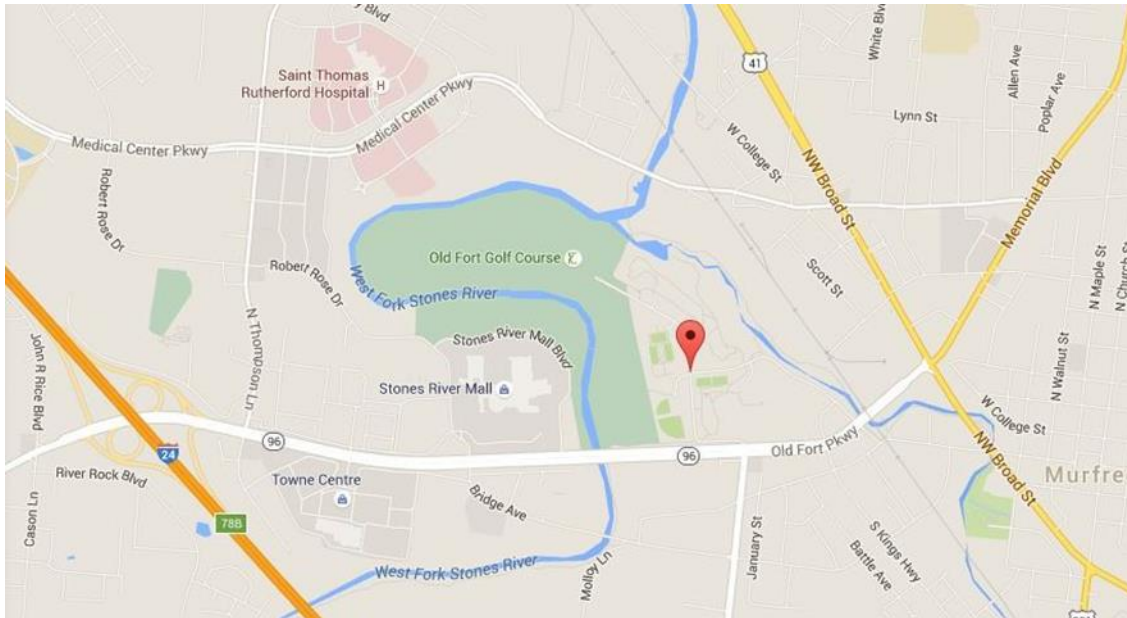
Gondolier Italian Restaurant & Pizza
219 NW Broad St.
Murfreesboro, TN
615-396-8484

Jimmy John's
2130 Middle Tennessee Blvd
Murfreesboro, TN 37130
615-617-3969

Jet's Pizza
2975 S. Rutherford Blvd
Murfreesboro, TN
615-890-1214

Penn Station
1632 Memorial Blvd
Murfreesboro, TN
615-848-0567

DIRECTIONS



From Nashville

Take I-24E to Murfreesboro exit 78B.
Merge onto Old Fort Parkway (Hwy 96E) and drive 2 miles.
Turn left onto Golf Lane inside of Old Fort Park and Golf Course
Proceed.5 miles and turn left into Adams Tennis Complex

From Knoxville

Take I-40W to Murfreesboro from I-24E
Take Exit 78B
Merge onto Old Fort Parkway (Hwy 96E) and drive 2 miles.
Turn left onto Golf Lane inside of Old Fort Park and Golf Course
Proceed.5 miles and turn left into Adams Tennis Complex

From Chattanooga

Take I-24W toward Nashville to TN-99 E/New Salem Road in Murfreesboro
Take Exit 80 from I-24 W
Continue on TN-99 E/New Salem Road to Golf Lane
Proceed.5 miles and turn left into Adams Tennis Complex

From Memphis

Take I-40E to Nashville and then I-440 to I-24E.
Continue using directions from Nashville above to Murfreesboro and Adams Tennis Complex.

CHAMPIONSHIP TEAM HOTELS

The host hotels for the 2021 C-USA Outdoor Track & Field Championships hosted by MTSU at the Dean A. Hayes Track & Soccer Stadium on May 13-16, 2021 are listed below. All hotels are located within 10 miles of MTSU. **In accordance with C-USA policies, all teams are required to stay at one of the host hotels.** Each hotel listed will reserve rooms on a first-come, first-served basis.

Due to the number of required rooms for the championship we have entered into agreements with several local hotels to provide accommodations for this event. Please note rooms will be available on a first come, first serve basis.

Baymont Inn & Suites, I-24 Exit 78

2230 Armory Drive
Murfreesboro, TN 37129
615-896-1172

<http://bit.ly/BaymontInnMurfreesboro>

Rooms: 36 Rooms - 32 rooms with doubles and 4 rooms with kings – 1 Women's Team and 1 Men's Team

Rate: \$79 plus tax. Breakfast included – grab and go.

Comfort Suites, I-24 Exit 78

226 N. Thompson Lane
Murfreesboro, TN 37129
615-869-0950

<http://bit.ly/ComfortSuitesMurfreesboro>

Rooms: 36 Rooms - 32 rooms with doubles and 4 rooms with kings – 1 Women's Team and 1 Men's Team

Rate: \$105 plus tax. Breakfast included.

Courtyard by Marriott I-24 Exit 76

1306 Greshampark Drive
Murfreesboro, TN 37129
615-907-3105

<http://bit.ly/CourtyardMurfreesboro>

Rooms: 36 Rooms - 32 rooms with doubles and 4 rooms with kings – 1 Women's Team and 1 Men's Team

Rate: \$129 plus tax. Breakfast included – grab and go.

Days Inn & Suites, I-24, Exit 78

182 Chaffin Place
Murfreesboro, TN 37129
615-893-8170

<http://bit.ly/DaysInnMurfreesboro>

Rooms: 38 Rooms - 30 Rooms with doubles and 8 rooms with kings – 1 Women's Team and 1 Men's Team

Rate: \$89.99 plus tax. Breakfast included.

Doubletree by Hilton, I-24 Exit 78

1850 Old Fort Parkway
Murfreesboro, TN 37129
615-895-5555

<http://bit.ly/DoubleTreeByHiltonMurfreesboro>

Rooms: 36 Rooms – 32 rooms with doubles and 4 with kings – 1 Women's Team & 1 Men's Team

Rate: \$109 plus tax. Grab and go breakfast \$6.

Embassy Suites & Conference Ctr, I-24 Exit 76

1200 Conference Center Boulevard

Murfreesboro, TN 37129

615-890-4464

<http://bit.ly/EmbassyMurfreesboro>

Rooms: 36 Rooms – 32 rooms with doubles and 4 rooms with kings – 1 Women's Team and 1 Men's Team

Rate: \$139 plus tax. Breakfast included.

Hampton Inn & Suites, I-24 Exit 78

325 N. Thompson Lane

Murfreesboro, TN 37129

615-890-2424

<http://bit.ly/HamptonMurfreesboro>

Rooms: 20 Rooms – 18 rooms with doubles and 2 rooms with kings – 1 Women's Team

Rates: \$119 plus tax. Breakfast included.

Holiday Inn, I-24 Exit 76

1453 Silohill Lane

Murfreesboro, TN 37129

615-751-5300

<http://bit.ly/HolidayInnMurfreesboro>

Rooms: 20 Rooms – 18 rooms with doubles and 2 rooms with king beds – 1 Women's Team
36 Rooms – 32 rooms with doubles and 4 rooms with kings – 1 Women's Team and 1 Men's Team

Rate: \$124 plus tax. Breakfast included.

Hyatt Place, I-24, Exit 76

2108 Lothric Way

Murfreesboro, TN 37129

615-714-1715

<http://bit.ly/HyattPlaceMurfreesboro>

Rooms: 36 Rooms – 32 rooms with doubles and 4 rooms with kings – 1 Women's Team and 1 Men's Team

Rate: \$119 plus tax. Breakfast included.

Red Roof Inn, I-24, Exit 78

2282 Armory Drive

Murfreesboro, TN 37129

615-893-0104

<http://bit.ly/RedRoofInnMurfreesboro>

Rooms: 36 Rooms – 32 rooms with two doubles and 4 rooms with kings – 1 Women's Team and 1 Men's Team

Rate: \$84.99 plus tax. Breakfast included.

Sleep Inn, I-24, Exit 78

193 Chaffin Place

Murfreesboro, TN 37129

615-396-3000

<http://bit.ly/SleepInnMurfreesboro>

Rooms: 60 Rooms – 54 rooms with doubles and 6 rooms with kings – 3 Women's Teams

Rate: \$99 plus tax. Breakfast included.

Tru by Hilton, I-24 Exit 76

909 N. Thompson Lane

Murfreesboro, TN 37129

615-895-3636

<http://bit.ly/TruByHiltonMurfreesboro>

Rooms: 36 Rooms – 32 rooms with doubles and 4 rooms with kings – 1 Women's Team and 1 Men's Team

Rates: \$89 plus tax. Breakfast included.

ALL MAPS

HOST INSTIUTION: Middle Tennessee State University
FACILITY NAME: Hayes Track & Soccer Stadium

